

Financial Health Free Methodist Church USA

Personal Finances Online Training Course

Note: All resources for this training are available at NAEfinancialhealth.org/partners/fmc-resources. This training is for couples or for singles to do with a friend or family member.

MONTH 1 (90 MINUTE MEETING)

- TRAIN** Watch [Brian and Mary Ellen's Testimonial](#), [Webinar](#) and Personal Finances [Month 1 video](#) (~30 minutes).
- GROW** Download a free copy of the 30-40 day [generosity devotional](#) to go through each day with your spouse or trusted friend (~5-15 min daily).
- DIG & DISCUSS** Take the [Personal Finances assessment survey](#) (~10 minutes) and begin discussing. Print out emailed survey results, [Best Practices worksheet](#) and [planning calendar](#).
- PLAN** Schedule a weekly meeting time (e.g., every 2nd Tuesday evening) for the next five months to take positive steps together toward improving your financial health.
- CONNECT** Join the [Financial Health Facebook group](#) to connect with others going through this training. Post a personal greeting and short introduction.

MONTH 2 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 2 video](#). Print the handout and watch the video on "10 Ways God Provides When the Paycheck Isn't Big Enough" (45 minutes).
- GROW** Continue in your generosity devotional. If you missed some days, don't skip ahead. Some people take 50-60 days to go through a 30-40 day devotional.
- DIG, DISCUSS & DECIDE** Discuss what you learned from the "10 Ways" video. Go over your Personal Finances assessment survey results, Best Practices worksheet and planning calendar in more detail. Finalize 5-10 Best Practices you agree to research and work on to improve your family's financial health in the coming months and year.
- PLAN** For the next 60 days, record all of your expenditures in financial software or on a worksheet (see available resources on the Best Practices worksheet #2).
- CONNECT** Post a greeting and a few Best Practices you plan to do in the coming months on the Financial Health Facebook group.

MONTH 3 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 3 video](#). Listen to "God's Ways vs. Man's Ways - God is Your Provider" audio podcasts (~4-15 minutes per podcast).
- GROW** On Sunday or Monday, start recording God's weekly provisions (see 40 Days "Count Your Blessings" article) and set aside a thanks offering to the Lord.
- DIG, DISCUSS & DECIDE** Share what you are finding, reading, watching, listening or discovering as you research the Best Practices resources.
- PLAN** Review what you are finding in tracking your expenditures. Are there any places where you might be able to save? Begin identifying some future financial desires and goals.
- CONNECT** Post a helpful comment on the [Facebook group](#) about something you're doing, God did, and/or a helpful Best Practices resource you're using.

MONTH 4 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 4 video](#). Review Best Practices resource #1 on Bible-based financial curriculums/books. Choose one to go through together for the next few months.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Share as led.
- DIG, DISCUSS & DECIDE** Share what you are finding as you research the Best Practices resources.
- PLAN** Based on your expenditure tracking, begin working together on an agreeable, written and realistic spending plan/budget and financial goals for the next 12 months.
- CONNECT** Post a helpful comment on the [Facebook group](#) about something you're doing, God did, and/or a helpful Best Practices resource you're using.

MONTH 5 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 5 video](#). Go through the financial curriculum/book together that you chose last month.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Share as led.
- DIG, DISCUSS & DECIDE** Share what you are finding as you researched the Best Practices resources.
- PLAN** Finalize your spending plan/budget and financial goals for the next 12 months.
- CONNECT** Post a helpful comment on the [Facebook group](#) about something you're doing, God did, and/or a helpful Best Practices resource you're using.

MONTH 6 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 6 video](#). Finish going through the financial curriculum/book together.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Generously share as God prompts and leads you.
- DIG, DISCUSS & DECIDE** Share what you are finding as you researched the Best Practices resources.
- PLAN** Keep tracking your financial expenditures, progress and goals on a monthly basis.
- CONNECT** Post a helpful comment on the [Facebook group](#) about something you're doing, God did, and/or a helpful Best Practices resource you're using.