

Note: This training is designed to be done by two people (pastor/spouse or pastor/trusted friend). Single adults may meet in person or by video once a month to go through the sessions.

## MONTH 1 (90 MINUTE MEETING)

- TRAIN** Watch videos [Month 1 instructional video](#) and [Brian and Mary Ellen's testimonial video](#) and (~20 minutes).
- GROW** Pick a 30-40 day [generosity devotional](#) to go through each day with your spouse or trusted friend (~5-15 min daily).
- DIG & DISCUSS** Take [Personal Finances assessment survey](#) (~10 minutes). Print out emailed survey results, [Best Practices worksheet](#) and [planning calendar](#).
- PLAN** Schedule a weekly meeting time (e.g., every 2<sup>nd</sup> Tuesday evening) for the next five months to take positive steps together toward improving your financial health.

## MONTH 2 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 2 video](#). Print the [handout](#) and watch the video on "[10 Ways God Provides When the Paycheck Isn't Big Enough](#)" (45 minutes).
- GROW** Continue in your [generosity devotional](#). If you missed some days, don't skip ahead. Some people take 50-60 days to go through a 30-40 day devotional.
- DIG, DISCUSS & DECIDE** Discuss what you learned from the "[10 Ways](#)" video. Go over your Personal Finances [assessment survey](#) results, [Best Practices worksheet](#) and [planning calendar](#) in more detail. Finalize 5-10 Best Practices you agree to research and work on to improve your family's financial health in the coming months and year.
- PLAN** For the next 60 days, record all of your expenditures in financial software or on a worksheet (see available resources on the [Best Practices worksheet #2](#)).

## MONTH 3 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 3 video](#). Listen to "[Principle of Financial Freedom](#)" and "[Principle of Counting Your Blessings](#)" audio podcasts (14 minutes).
- GROW** On Sunday or Monday, start recording God's weekly provisions (see 40 Days "[Count Your Blessings](#)" article) and set aside a thanks offering to the Lord.
- DIG, DISCUSS & DECIDE** Share what you are finding, reading, watching, listening or discovering as you research the Best Practices resources.
- PLAN** Review what you are finding in tracking your expenditures. Are there any places where you might be able to save? Begin identifying some future financial desires and goals.

## MONTH 4 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 4 video](#). Review Best Practices resource #1 on Bible-based financial curriculums/books. Choose one to go through together for the next few months.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Share as led.
- DIG, DISCUSS & DECIDE** Share what you are finding as you research the Best Practices resources.
- PLAN** Based on your expenditure tracking, begin working together on an agreeable, written and realistic spending plan/budget and financial goals for the next 12 months.

## MONTH 5 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 5 video](#). Go through the financial curriculum/book together that you chose last month.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Share as led.
- DIG, DISCUSS & DECIDE** Share what you are finding as you researched the Best Practices resources.
- PLAN** Finalize your spending plan/budget and financial goals for the next 12 months.

## MONTH 6 (90 MINUTE MEETING)

- TRAIN** Watch the [Month 6 video](#). Finish going through the financial curriculum/book together.
- GROW** Continue to weekly record God's provisions and set aside a thanks offering to the Lord. Generously share as God prompts and leads you.
- DIG, DISCUSS & DECIDE** Share what you are finding as you researched the Best Practices resources.
- PLAN** Keep tracking your financial expenditures, progress and goals on a monthly basis.